

The Power of your Subconscious Mind

— Dr. Joseph Murphy

→ There is a storehouse ⊕ within you ⊕ of infinite intelligence ⊕ boundless love

→ Two Functions of Mind :-

→ Conscious Mind [objective]
→ Sub-conscious Mind [subjective]

→ our conscious mind ⊕ captain of a ship ⊕ sends orders to men & women in the engine room ⊕ who do not know where they are going ⊕ they just follow orders.

→ Members of the crew (our sub-conscious mind) ⊕ just follows the order ⊕ whether positive or negative

→ Conscious = Captain of the ship
Sub-conscious = Crew carrying out captain's orders

- $\neq$ use "I can't afford it" or "I can't do"
- Always affirm "I can" do all the things through the power of my sub-conscious mind.
- Thought/Idea $\oplus$ Conscious Mind $=$ Response $\oplus$ Subconscious
- Subconscious mind $\neq$ ability to argue.
- Conscious Mind has the power to reject the suggestion of the outside world.
- Completely ignore the negative suggestion.
- Watch what you say.
- Subconscious $\neq$ sleeps/rests.
- Discover its power $\oplus$ by simply stating $\oplus$ prior to sleep $\oplus$ what you want.
- Its power moves the world $\oplus$ guides the planets $\oplus$ causes sun to shine.

→ There is a Power (+) Intelligence (+) within you.

→ What you write inside, you will experience outside.

→ Thoughts BECOME → Experiences

→ Wipe out all the negative patterns.

→ Subconscious has the power of healing [p. 40]

→ 13 when physically (+) mentally disturbed = Speak to your subconscious mind. (+) ORDER to take over in Peace (+) Harmony (+) Divine order

REPEAT → "IT IS PASSING AWAY NOW"

→ 13 Speak (+) Subconscious (+) with Authority (+) Conviction. [POWER goes into our word according to the FEELING (+) FAITH]

→ Your subconscious (+) always ~~was~~ working

→ You ~~just~~ just keep your CONSCIOUS mind busy expecting the best.

→ Imagine (+) Happy Ending (+) Feel (+) Thrill of accomplishment = Positive Result

→ HEALING organ = Subconscious Mind
Process = Faith

→ Plant [IDEA] (+) Water [EXPECT +VE] = Manifest [RESULT]

→ STOP talking about your ailments.

→ Apply the power of prayer therapy.

↓
Unite Mentally (+) Emotionally
(+) Remain Faithful

→ Learn to pray for your loved ones who may be ill.

→  Build (+) Ideas you harbor (+) beliefs you accept (+) scenes you rehearse (+) in the hidden studios of your mind.

→ MENTAL (+) FAITH = 1000 words
PICTURE

→ To affirm is to state (+) maintain the attitude
as its true (+) regardless of the evidence
(+) contrary = true answer to your prayer.

→ Human = Σ own Thoughts

→ Affirm good = Bad will vanish

→ Subconscious Mind $\neq$ Responds to Mental Co-ersion

→ Always have a clear cut idea.

→ "Being easy, does it".

→ $\neq$ think "how?" (+) only think "What"?

→ Three Steps to prayer:

i) Admit the problem

ii) Turn the problem to subconscious mind

iii) Rest (+) deep conviction (+) that it is done

→ When Desires $\neq$ Imagination $\Rightarrow$ No or -ve results

→ Never compel $(+)$ Subconscious $(+)$ by exercising your will power $\Rightarrow$ "Effortless way is better."

→ Do the thing $(+)$ you love to do $(+)$ for the joy $(+)$ + thrill in it.

→ Convince $(+)$ Subconscious $(+)$ wealth is yours

→ $\neq$ be Annoyed $(+)$ Jealous $(+)$ Envy Envy

→ If envy $(+)$ greater wealth $(+)$ of other $(+)$ immediately wish him $(+)$ greater wealth in every possible way,

→ Rejoice the prosperity of others

→ Don't let anyone $(+)$ make you feel $(+)$ ashamed of $(+)$ your desire to be rich

→ $\neq$ Criticize Money $(+)$ $\neq$ regard it as evil.

→ $\neq$ make money $(+)$ alone

→ Three Steps to Success:

i) Find out (+) what you love to do

ii) Specialize (+) particular branch of work (+) strive to excel in it.

iii) Your desire ≠ selfish, must benefit humanity.

→ Adequate sleep (+) Essential (+) to produce joy (+) vitality in life

→ Forgive (+) yourself (+) everyone else (+) before you sleep

→ Imagine (+) dreams fulfilled (+) feel reality (+) will come to pass

→ ≠ permit any person/thing (+) to deflect your peace, harmony, etc.

→ Criticism cannot hurt you without your consent

→ Love people without liking them.

→ No harm can come to me $\oplus$ unless I allow it.

→ If afraid of failure $\oplus$ give attention to
success

→ Laugh at your fears.